

ESSENCE RESTAURANT



Chef's
Selection

Curry FOR A CAUSE

**EVERY
CURRY MAKES
A DIFFERENCE!**

\$2 from every curry sold
is proudly donated to the
CANBERRA HOSPITALS
FOUNDATION



AUSTRALIAN ORANGE ROUGHY & BANANA PRAWN CURRY



Delicately poached **Australian orange roughy** and succulent **Australian banana prawns** in a fragrant, mild curry infused with aromatic spices, served with shredded bamboo shoots, baby corn, green peas and steamed jasmine rice. (A) | (GF) | (DF)

\$25

(MEMBERS)

\$30

(NON-MEMBERS)

*AVAILABLE 3 AUGUST - 9 OCTOBER 2026

SEAFOOD ORIGIN: (A) Australian
DIETARY: (GF) Gluten Free (DF) Dairy Free

*The
Tradies*

LEARN MORE ABOUT
CURRY FOR A CAUSE



EVERY CURRY SOLD
HELPS SOMEONE IN
OUR COMMUNITY.



CANBERRA
HOSPITALS
FOUNDATION

